



Official Transcript and Proof of Certification

Roger Hotz certified in Esalen® Massage effective July 7 2020. He enrolled in the Esalen Massage and Bodywork Association 200-hour Esalen® Massage Practitioner Course at D-79875 Dachsberg, Germany/ , 3/22/19-3/1/2020, and successfully completed all requirements. He had excellent reports in all classes.

Massage Theory and Practice 100 hours

Esalen massage 83 hours

Passive joint movement 10 hours

Special conditions: at least two: 03 hours

• Pregnancy Massage•

• Geriatric Massage

• Massage and AIDS/HIV

Assessment and evaluation 04 hours

Core Curriculum 100 hours.

Contraindications 13 hours

Human Anatomy 25 hours

Physiology: circulatory, etc. 14 hours

Kinesiology/movement aware 10 hours

Pathology/Recognition conditions 15 hours

Business 13 hours

Skills 02 hours

Documentation 02 hours

Legal 03 hours

Communication 06 hours

Ethics 05 hours

Medical protocol and hygiene 05 hours

Total Course Hours: 200 hours

Certificate earned: 200-hour Esalen® Massage Practitioner 07/07/2020/

Brita Ostrom, Massage School Director, brita.ostrom@esalen.org

Esalen Institute Massage School is licensed by the California Bureau of Private Post Secondary Education since 1984 (school code 2700571), and approved for continuing education by the National Certification Board for Therapeutic Massage and Bodywork since 1997 (283720-00). An NCBTMB 500 hour assigned school. CAMTC School # SCH0010. This course offered by Esalen Massage and Bodywork Association.

No Imprint on this transcript